

Domestic and Sexual Violence Affect Everyone in Our Communities.

Right now it may be happening to a family member, friend, co-worker, or neighbor. No one deserves to be abused. Each year hundreds of families in Carroll County and across the country endure the devastating effects of domestic violence, sexual violence and stalking.

How Can You Help?

Educate yourself Attend one of Starting Point's community awareness events. Visit SP's website www.startingpointnh.org for more information on domestic and sexual violence, and stalking. Visit your community library and research these topics. Starting Point has a lending library located at both offices. Attend volunteer training just to learn more about the subject.

Speak out Speak up when others make sexist jokes or perpetuate stereotypes. Share your knowledge about domestic violence, sexual violence and stalking with your family and friends. Support legislation affecting survivors. Host a SP speaker at your place of employment or house of worship.

Volunteer Starting Point could not do all it does without its committed volunteers, whether it's answering our support line, providing accompaniment to court, police department, the Children's Advocacy Center or at our emergency shelter. Listening to a victim can truly make all the difference. Direct services not your thing? Join Starting Point's board of directors, assist with fundraising, or keep community organizations stocked with Starting Point's information.

Prevention and Awareness through Education and Events

Starting Point is committed to preventing future relationship violence and promoting social change through a variety of means including:

In School Education Programs Starting Point has developed a Healthy Relationships curriculum to be used with second graders through high school students. This age appropriate prevention education program addresses healthy and unhealthy relationships as they evolve throughout one's lifetime. In addition, Starting Point offers training for parents, educators, and school personnel.

Professional Trainings Trained educators provide education and awareness programs tailored to meet the needs of the audience. Training topics include: Domestic Violence in the Workplace, Sexual Harassment, The Effects of Domestic Violence on Children, Child Sexual Abuse, Starting Point service overview, and the Continuum of Sexual Violence.

Community Awareness Events Starting Point staff and volunteers conduct a variety of awareness activities throughout the county each year in October (Domestic Violence Awareness Month), April (Sexual Violence Awareness Month) and January (Stalking Awareness Month). For a list of upcoming events visit our website at www.startingpointnh.org.

www.startingpointnh.org



Starting Point

Services for
Victims of Domestic
and Sexual Violence

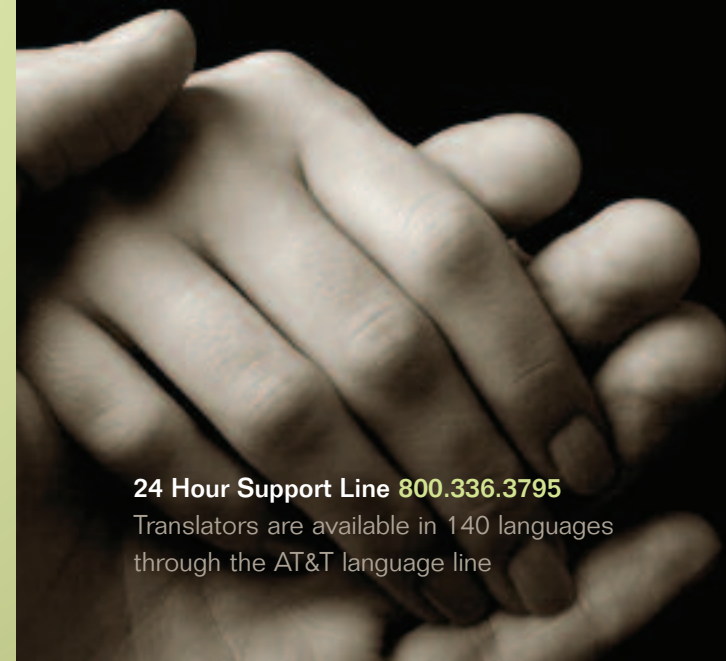
Conway Office
603.356.7993
170 Kearsarge Street
North Conway, NH 03860

Ossipee Office
603.539.5506
Mountainside Business Center
Route 28, Ossipee, NH 03864

www.startingpointnh.org

24 Hour Support Line 800.336.3795

Translators are available in 140 languages
through the AT&T language line



What is Domestic Violence, Sexual Assault and Stalking?

Domestic Violence is a pattern of coercive behaviors used to gain power and control over another person in an intimate relationship or family unit. The controlling behaviors can take many forms including physical violence, sexual abuse, intimidation, emotional manipulation, verbal abuse, and financial control. NH RSA 173B makes perpetration of domestic violence a violation of the law.

Sexual Violence is any unwanted sexual contact committed by use of threats, bribes, manipulation, alcohol/drugs or violence. Sexual Violence is not about love or sex. Sexual Violence is motivated by one person's desire to assert power and control over another. NH RSA 632 defines the degrees of sexual assault.

Stalking is purposely engaging in two or more acts targeted at a specific individual which causes that individual to fear for his/her safety. Victims may or may not know the stalker. Domestic and Sexual Violence can include stalking. NH RSA 633:3 outlines the crime of stalking.

Starting Point Services

Support Advocates listen, provide emotional support and discuss options through our 24 hour support line at 800-336-3795. In addition, an advocate is available in our offices 8:30am–4:00pm Monday–Friday, no appointment needed. Advocates can also meet survivors at the hospital, police department, child advocacy center or court.

Court Advocacy Advocates provide assistance obtaining protective orders and other court appearances.

Hospital Advocacy In-person support to victims at area hospitals and doctor's offices.

Emergency Shelter We offer a safe, comfortable, caring environment where trained advocates offer support, information and referrals to women and children while they stay in our home.

Support Groups A supportive forum to listen or talk with others dealing with abuse past or present.

Child Advocacy Center Accompaniment Advocates provide support to families when a child has been the victim of a sexual crime.

Client services are free and confidential.

“I cannot find the words to thank all of you for the understanding, compassion, love and hope you have all given me.”

DOMESTIC VIOLENCE SURVIVOR

I Want to be Part of the Solution

- I would like to be on Starting Point's mailing list for newsletter, workshops, and group announcements.
- I would like more information on sponsoring a Starting Point fundraiser.
- I would like more information on sponsoring a community awareness event.
- I wish to make a financial donation today:
- \$750**—Runs a support group for eight weeks.
- \$256**—Operates our 24 hour support line for one month.
- \$120**—Provides groceries for our food pantry for one week.
- \$75**—Provides a day of court advocacy.
- \$30**—“I Care” donation.
- Other: _____

Name: _____

Mailing Address: _____

Email Address: _____

Phone Number: _____

Payment Options: ____ Check(s) ____ Credit Card

Mail to: Post Office Box 1972, Conway, NH 03818

My Credit Card Information: Type: MC/VISA AMEX

Credit Card Number: _____

Exp date: _____ CVR#: _____

Starting Point does not share or sell its donor information; the information above is for our records only.

Make a donation on line by visiting
www.startingpointnh.org

