



Welcome New Volunteers!

It takes 20 hours in-person and 10 hours online to meet the NH RSA requirements for volunteer advocates. The Starting Point team recognizes (with gratitude!) that doing the volunteer training is a hefty commitment of time.

A small and mighty batch of new volunteers completed the October training and we are excited to have them on board!

We hope they experience the mutual benefit of being a part of making our community safer for all.

Our next training is scheduled for April 2022.
If you would like to join us please email
raetha@StartingPointNH.org for an application.



It's been said many times before (because it's true!)
Starting Point could not do the work we do without the
dedication and commitment of our volunteers.

Advocates do unique and confidential work so they rely heavily on each other to process situations and to support one another. Knowing that there are community members willing to commit to the work and provide this important support is immeasurable.

We are indebted to all our volunteers who - take shifts on the hotline, meet with clients, provide office support, provide essential goods, help spread the word when there's need, and most especially for providing essential kindness to both our clients and staff.

Thank you!



Big warm thank you to our generous supporter and good friend Rickie Tibbets for his recent donation of \$2000!

As we head into the winter, advocates know that not all holiday traditions are joyous. Traditionally, winter can cause greater risk to those already in danger of victimization as we combat homelessness and the isolation of frigid northern winters. Victims and survivors can experience depression and anxiety, especially when inundated with images of happy intact families celebrating the holidays.

With Rickie's help and that of so many of our supporters, we are able to provide essential services and goods (and virtual warm hugs) this winter for victims and their families.

If you're looking for opportunities to help during the holidays please email community@StartingPointNH.org

Thank you!!

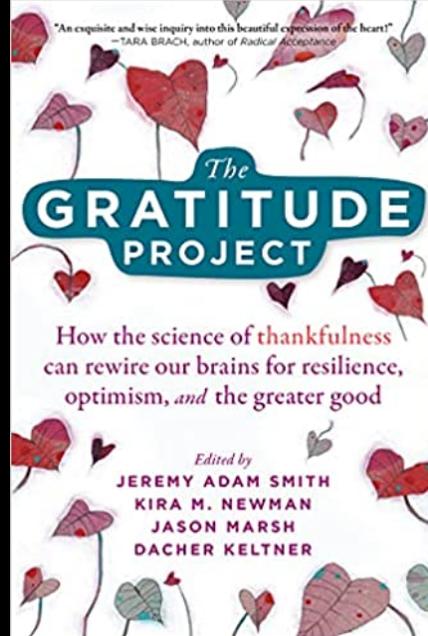


A Grand Thank You to Local Artist Carol Hanson!

One of the best parts of our new Advocacy Center is that it is very accessible. Last week, we really benefited from being "*on the way*" when Carol Hanson called and said she was on her way by and had some artwork she thought we might like to have for our new space. She thought right!!

Thank you Carol for your aesthetic contributions to the new Advocacy Center and for all the beauty you bring to the community!

The Library Corner: The Gratitude Project



Empathy and gratitude are essential components to the work that we do at Starting Point - helping victims move through victimization, in our prevention & outreach programs, and in our staff development.

The *Gratitude Project* is the result of a collaboration between the Greater Good Science Center and Robert Emmons of the University of California. The book explores gratitude's deep roots in human psychology—how it evolved and how it affects our brain—as well as the transformative impact it has on creating a meaningful life and a better world.

With essays based on new findings from research and by renowned positive psychologists and public figures, this important book delves deeply into the neuroscience and psychology of gratitude, and explores how thankfulness can be developed and applied, both personally and in communities large and small, for the benefit of all.



If you're looking for a fun read for a child in your life that emphasizes gratitude try *Splat the Cat Says Thank you* by Rob Scotton.

Here's a YouTube version of the book to view:
<https://www.youtube.com/watch?v=clqcjyu0-hM>

Now Hiring

We'd be grateful if you'd
join our team!

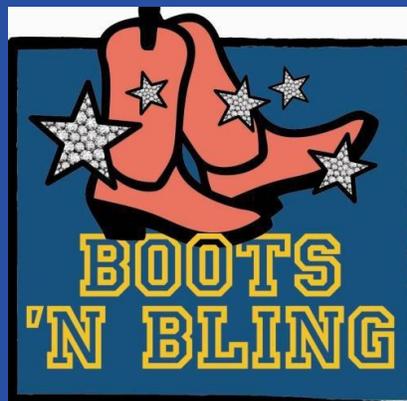
Part-time Housing
Advocate

For more information
call Deb Weinstein at
603-901-2227
or email

deb@StartingPointNH.org



Only 217 days until Boots 'n Bling 2022!



It's been a while and it's still a little while longer to wait for our 10th Annual Boots 'n Bling, but in event planning time it's right around the corner. If you would like to volunteer or help sponsor our annual fundraiser please contact us at raetha@StartingPointNH.org or call 603-901-2237.

Save the date for our 10th Annual Boots 'n Bling Fundraiser!

[June 9, 2022 at the Wentworth Inn in Jackson!](#)



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