

April is Sexual Assault Awareness Month

Sexual Assault isn't Sexual.

April is Sexual Assault Awareness Month. You can help create better awareness by focusing on the assault part and help heal the sexual by ending the stigma.

Here's an analogy that might help:

I use my brain for thinking, but if someone were to bash my brain, harm, abuse it, or make it bleed, would we call it a *thinking* assault?

If these things happened to me, would I be blamed for being the one who started the conversation?

I yelled, "shut up." I tried to walk away. Or maybe I asked for the conversation to be tabled for another time. Maybe, if it were a friend, a colleague, a coach, or a clergyman, I just tried to change the subject or awkwardly giggled to make them stop talking to me.

I did not invite the harm. I just thought we were talking, and then I wanted it to stop.

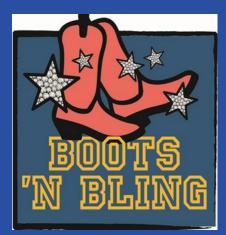
If my brains were assaulted - would you question me?

"What were you thinking?" "Why were you talking?" "Were

you drunk when you started the conversation?" "Were you wearing an enticing thinking cap?" "Have you had thoughts and conversations before?"

Read more **HERE** 





Our 11th Annual Boots n Bling is happening in just 60 days!!!!!

June 8 at the Wentworth Inn in Jackson

Don't worry, there's still time to become a sponsor or make a donation to our live auction!

Contact raetha@startingpointnh.org to become a sponsor.

Thank you to our 2023 Sponsors so far

Valley Originals Huggins Hospital Memorial Hospital Cormack Construction Crest Auto World Gamwell, Caputo, Kelsch & Co Green Mountain Furniture Glass Graphics North Country Dental Thrivent

## **GRACE HOUSE**

## garden clean up

## VOLUNTEERS NEEDED

JOIN US SATURDAY, MAY 13TH FOR A DAY OF GARDEN PREP AND CLEAN UP AT STARTING POINT'S DOMESTIC VIOLENCE SHELTER

> FOR MORE INFO, CALL JENA AT 603-447-2494



Starting Point is not a charitable organization, it is a social justice organization dedicated to restoring basic human rights to our clients.

We do, however, rely on the charitable generosity of our donors!

## Big Thank You to

Pete & Jeannine Leveque, Rickie Tibbetts, Valley Originals Jean & Dave Mason, NENSA Women's XC Day at JXC Ski Touring Mt. Mamas, Ellen Caputo, Cecily Clark Leon McDonnell & Roberts, McSheffery's Up North Jane Newcomb, Ellie Stokes, Judy Kennedy, Judith Fowler Linda Habif, Gail Costello, Donald Hall, Don Johnson And to all who have donated gift cards!



Mt. Mamas Donate \$3700 to Starting Point

The Mt. Mamas is not so much a formal organization as they are a formidable force for good and fun in our community.

The Mamas are well known as Mt. Meisters and can be found together wherever there is a patch of snow, a golf cart, a sandy beach, music, or good food and cheer.

They are also the first to volunteer when Starting Point needs help organizing and running fundraisers. And because of their extensive network, they are a valuable resource for connecting with the community when help is needed.

You can telephone, telegraph, or just tell a Mama if you need action!

Read More Here

Thanks to Salon 94 & Barber Co in Wolfeboro for their "Make Your Teal Sparkle!" campaign in support of Sexual Violence Awareness Month. Teal colored tinsel extensions, with all proceeds going to Starting Point.

Click here to make an appointment to get your teal on! <u>Salon 94 & Barber Co</u>





As we gear up for the spring season, we're thinking about those who may not have a safe and secure place to call home.

Our emergency shelter team has been working tirelessly to provide shelter, support, and resources to those in need, but we need your help to continue our mission.

Please consider making a donation to our emergency shelter and help us continue to provide a safe and comfortable haven for those in need.

Thank you for your support!!

Our wishlist is linked below.

Shelter Wishlist



Stay Up to Date with our Dates!

April 10 from 5 to 8 pm - Intro to Volunteer Training - Online

April 18 at 6 pm - Men's Advocacy Group Mtg.

May 8 at 5 pm - Volunteer Appreciation Party

May 19 at 5 pm - Stone Mt. Benefit Concert with Carol Noonan, Kevin Barry, and Consuelo Candelaria. Purchase tickets here: **SMAC** 

June 8 at 5 pm - 11th Annual Boots n Bling at the Wentworth Inn

August 22 - The 2<sup>nd</sup> Annual Silas Berrier Memorial **Seek the Joy Comedy Night** at the Public House in Tamworth (Starting Point will be the receiving Charity for the evening)

As always, please check our Facebook page or email <u>community@StartingPointNH.org</u> for updates or changes in scheduled events. We will continue to follow CDC recommendations and do our very best to keep our community safe and healthy.



Starting Point is Offering an Online Volunteer Training Beginning April 10, 2023.

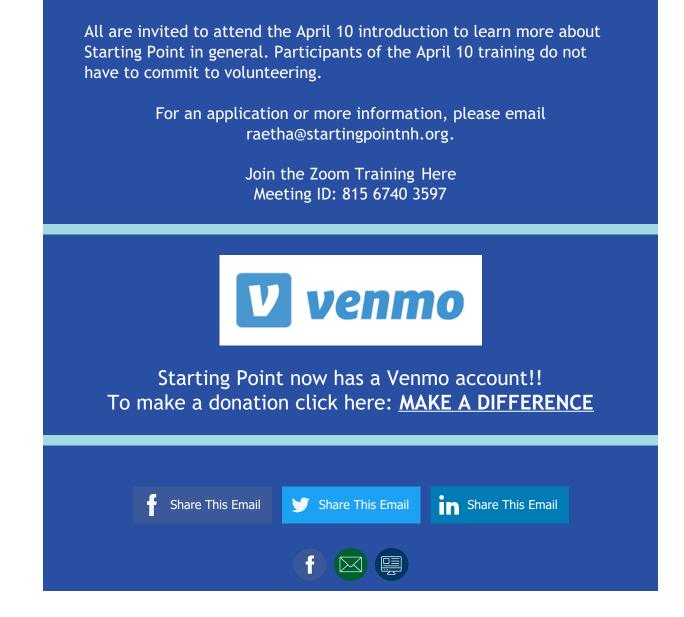
Since 1981 Starting Point has been providing free and confidential services to victims of domestic and sexual violence, stalking, and human trafficking. Volunteers were the founding members of Starting Point and continue to be essential members of the Starting Point team.

Volunteer positions include direct service work, office support, event support, fundraising, board work, prevention, and outreach.

All sessions run from 5 to 8 pm. to equal 30 hours, with 24 hours online and 6 hours of self-guided study. The final training date on May 8 will be held at Camp Calumet in Freedom as part of our volunteer appreciation celebration! This training includes dinner and networking with current volunteers, staff, and board members.

Dates include April 10 Intro, April 11 DV & SV 101, April 13 Court Advocacy, April 17 CAC, DCYF, April 19 Shelter, April 20 Hospital Advocacy, May 1 Confidentiality, intersectionality, and more, May 8 Volunteer Appreciation and networking at Camp Calumet in Freedom.

Once the training is complete, participants can create their own schedules, from weekly to monthly or even once a year at an event.



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